



# REFLECTIONS FOR Advent

*“Say to those whose hearts are frightened, be strong, do not be afraid! God comes to help you. The eyes of the blind will see. The ears of the deaf will hear. And streams of water will burst forth in the desert.”*

— Isaiah 35

## Pray for...

- those without access to electricity or clean water.
- those who do not have the opportunity to go to school.
- those caught in the cycle of poverty and oppression.
- those who have lost their jobs and homes.
- those who are hungry and thirsty.
- those who struggle to provide for their families.
- the grace to feel connected to the Body of Christ.



# *Join us on this Advent Journey...*

Whether it's providing electricity and clean water in a remote village or providing a home and education to children orphaned by war — this is what the Sisters of Notre Dame de Namur in Africa do: They light the way. They help others find the goodness of God. Through their hands they uplift the less fortunate, and they show us how to do the same. So we ask you this Advent, will you help the Sisters help others find the goodness of God?

*“Give, and it shall be given to you...pressed down, shaken together and running over.” Luke 6*



## *How does my gift make a difference?*

**A dime** buys a water purification packet for 2 ½ gallons of water.

**A dollar** buys enough water purification packets for 25 gallons of water for a family, school or clinic.

**\$2.80** provides clean water for a family of 4 for a week.

**\$30.00** provides clean water for a clinic for one week.

**\$37.00** provides clean water for a child for one year.

**\$1,600.00** purchases a solar panel to help bring electricity and clean water to a school and clinic in Africa **for 25 years.**

*“If you bestow your bread and water on the hungry, then the Lord will guide you always and give you plenty, even on the parched land.”*

*Isaiah 58*



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