

We invite you to enter into the story of our Sisters' arrival in America and their work over the past 175 years.

ACTIVITIES FOR SCHOOLS, RELIGIOUS EDUCATION PROGRAMS, YOUTH GROUPS & FAMILIES:

- Explore the timeline of the Sisters' journey and expansion of their work.
- Create a life-size timeline.
- Create a mural telling the story.
- Create a magazine/poem/scrapbook/picture book/class newspaper or book about the Sisters' story.
- Explore the stories of Sisters through the years and discuss what you learn.
- Make a group or class video about the Sisters' journey to Cincinnati.
- Watch and discuss the video at: www.sndohio.org/sisters-notre-dame/The-Early-Years.cfm
- Write a bookmark prayer for the 175th anniversary.

- Write a song about the first Sisters.
- Write a letter to the Sisters thanking them for what they do/what they've done.
- Write a diary entry from one of the early Sister's point of view.
- Organize a school wide prayer service to commemorate the anniversary.
- Research and celebrate your school's connection to the Sisters of Notre Dame de Namur.
- Have the students create "Did you know's" to post on the school's social media to promote wider community awareness about the anniversary.
- Produce a play about the story. Possible scripts are available at www.sndohio.org/sisters-notre-dame/Plays.cfm.
- Use one of the lesson plans available at www.sndohio.org/sisters-notre-dame/Lesson-Plans.cfm.
- Compare life in a Notre Dame School in 1845 and 1902 with life in your school today using the resources found at www.sndohio.org/sisters-notre-dame/Jr-HighHigh-School.cfm.
- Look at the artifacts listed at www.sndohio.org/sisters-notre-dame/Grade-3.cfm and discuss how they differ from today.

ACTIVITIES FOR ADULTS AND PARISH PROGRAMS:

- Have your Book Club read and discuss *At Home in America* by Sister Mary Hayes, SNDdeN or *A Vision Realized* by Sister Louanna Orth, SNDdeN. Books are available at www.sndohio.org/sisters-notre-dame/Resources.cfm.
- Read and reflect on one of the reflection pieces linked at www.sndohio.org/sisters-notre-dame/Reflections-for-Adults.cfm.
- Have your group spend time with the five theological reflection pieces found in *A Vision Realized: Reflections for the 175th Anniversary* at www.sndohio.org/sisters-notre-dame/Reflections-for-Adults.cfm
- Visit the Museum of the Ohio Unit, at 701 E. Columbia Avenue, Cincinnati, OH 45215. Email dalgarn@sndden.org to schedule a visit.
- Watch the video reflections of two Sisters of Notre Dame sharing how they knew God was calling them at www.sndohio.org/sisters-notre-dame/drafts/Discernment-Retreat.cfm.
- Participate in the Online Vocation Discernment Retreat offered at www.sndohio.org/sisters-notre-dame/drafts/Discernment-Retreat.cfm.
- Give a brochure about the Sisters of Notre Dame de Namur to someone you think God might be calling to religious life or put some brochures in your parish church.



- Explore the history of the Ohio Province at www.sndohio.org/sisters-notre-dame/Resources.cfm.
- Explore the lives of a sampling of Sisters of Notre Dame de Namur at www.sndohio.org/sisters-notre-dame/Resources.cfm.

TAKE ACTION:

- Provide a backpack of school materials for an underprivileged child or organize a drive for school materials and donate them to a school in a disadvantaged area.
- Provide a new book for an underprivileged child.
- Organize a drive for new books and donate them to Toys for Tots or St. Vincent De Paul to be given to underprivileged children at Christmas. The books could also be donated to the library of a school in a disadvantaged area.
- Donate to the scholarship fund of the Sisters of Notre Dame de Namur and help provide tuition assistance to underprivileged students.

To explore more on our website, go to www.sndohio.org/sisters-notre-dame/175th-Anniversary.cfm.

